

BLACK BEAN DIP

- 1 15 oz can black beans (rinsed & drained)
- 1 8 oz shoe peg corn (drained)
- 1 14.5 oz can diced tomatoes (basil, garlic & oregano flavor) not drained
- 1 10 oz can rotel (drained)
- 8 oz Italian Dressing
- Chopped onion (use green onions - lighter onion taste)
- 1 medium jalapeno (optional)

Mix together and chill 2 hours before serving - serve with chips

Recipe provided by:
Donna Frazier, Designer
336-209-2133
Check out other great recipes at
www.4dreaminteriors.com



One Copy for you and other you can share with a friend

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